

TIPS FOR PARENTS AND GAURDIANS

Here are a few things you can do as a parent or guardian to help reduce risks when your child is participating in sports and activities:

Be a role model! Wear a mask and practice physical distance while spectating.



Familiarize yourself with the local guidelines and regulations.



Consider the risk assessment chart to determine what is appropriate for your child and family.



Engage with coaches/leaders to offer support and gently encourage following risk reduction guidance.



Consider engaging with other parents to encourage overall adherence to local guidance.



Offer your time and assistance to the group and coach/leader to help with risks reduction activities, like marking social distancing space, encouraging mask wearing, and symptom screening at events.



Encourage the safest way to engage with activities whenever possible (i.e. outdoors, zoom, distanced practice, etc.)



SPRINGFIELD -
GREENE COUNTY
HEALTH

#STAYSTRONGSGF

[HEALTH.SPRINGFIELD.GOV/CORONAVIRUS](https://health.springfield.gov/coronavirus)