






Risk Assessment Chart

According to the CDC, sports that require physical contact or close interaction, are played indoors, and share equipment pose a greater risk for COVID-19 infection or transmission. More frequent, longer and closer interactions equal higher risk. Therefore, the risk of COVID-19 spread can be different, depending on the type of activity.

The risk of COVID-19 spread increases in youth sports settings as follows:

-  • **Lowest Risk:** Performing skill-building drills or conditioning at home, alone or with family members.
-  • **Increasing Risk:** Team-based practice.
-  • **More Risk:** Within-team competition.
-  • **Even More Risk:** Full competition between teams from the same local geographic area.
-  • **Highest Risk:** Full competition between teams from different geographic areas.

A parent or guardian should consider all risks associated with their child's activity before enrolling.

Consider the following:

Think of the the activity your child is involved in. Answer the questions below based on that activity and gauge the level of risk associated with each answer. The more questions you answer "yes" the greater the risk of COVID-19 transmission.

Will the individual be required to remove their mask while participating?

Will the activity require participants to be within 6 feet of other individuals?

Will the activity take place indoors? Will you be sharing equipment such as balls, gear, etc.?

Will there be a large number of spectators?

Will you will be utilizing group transportation (ex. Bus or van)?

Does the activity require physical contact?

Is there the potential for easy respiratory spread (singing, instrument playing, heavy breathing, etc.)?

Does the activity require interaction with teams and/or players from different geographic areas?

Will you be traveling to a different community with few COVID-19 related restrictions?

