



CRITERIA FOR RELEASE FROM ISOLATION

July 26, 2021

The Springfield-Greene County Health Department no longer provides personalized release from isolation letters for COVID-19.

For most individuals that have tested positive for the COVID-19 virus and developed symptoms, isolation can be discontinued if the following criteria have been met:

- At least 24 hours have passed since last fever, without the use of fever-reducing medication **and**
- Symptoms (e.g. cough, shortness of breath, etc.) have improved **and**
- At least 10 days have passed since symptoms first appeared

For most individuals that have tested positive for the COVID-19 virus and did not developed symptoms, isolation can be discontinued if the following criteria have been met:

- At least 10 days have passed since test date

Individuals that have met release criteria should continue to practice precautions while out in public. This includes things such as wearing a mask or cloth face covering, observing social distancing (a distance of 6 feet or more), and staying home if you feel ill.

Note: Much is still unknown about the virus (SARS-CoV-2) and you may still be able to become reinfected with COVID-19. If you have not received a COVID-19 vaccine, please visit the Springfield-Greene County website for vaccination clinic locations.

<https://www.springfieldmo.gov/5452/Find-a-Vaccine>

A handwritten signature in black ink that reads "Kendra Findley".

Kendra Findley

Administrator of Community Health and Epidemiology

Springfield-Greene County Health Department

Call Center: 417-874-1211

Health.springfieldmo.gov | [Facebook.com/SGCHD](https://www.facebook.com/SGCHD) | [Twitter.com/SGCHD](https://twitter.com/SGCHD)

